



A J INSTITUTE OF ENGINEERING AND TECHNOLOGY

NH-66, Kottara Chowki, Mangaluru -575006, Karnataka, INDIA

A Unit of Laxmi Memorial Education Trust®

(Approved by AICTE, New Delhi. Affiliated to Visveswaraya Technological University, Belagavi)

Name of the event/activity	A talk on Breaking Barriers: Overcoming Common Communication Challenges		
Organized by	Electronics & Communication Engineering		
Date of event/activity (DD-MM-YYYY)	02/09/2021	Time	10:00am-12:00pm
Name of the Resource Person	Mr.Ramprasad & Team,10 Seconds		
Number of the students participated	40		

About the Event:

On September 02, 2021, a talk titled " Breaking Barriers: Overcoming Common Communication Challenges " was conducted for 40 ECE students by Mr. Ramprasad & His Team from 10 Seconds. The session aimed to address the various obstacles that can hinder communication and provide actionable strategies to overcome these issues. This report summarizes the key insights and recommendations from the text, offering guidance on how to improve communication in diverse settings.

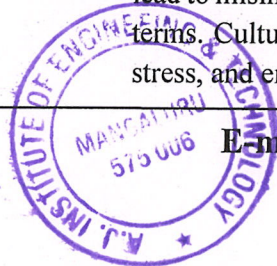
Mr. Ramprasad began by addressing how to identify Communication Barriers which includes Language Differences, Cultural Misunderstandings, Emotional Barriers.He also covered why active listening is emphasized as a critical skill which included Reflection: Repeating or paraphrasing what has been said to confirm understanding.Clarification: Asking questions to clear up any uncertainties.Non-Verbal Cues: Paying attention to body language and facial expressions to gauge true feelings.

He emphasized the role of non-verbal communication by Understanding gestures, posture, and eye contact,Recognizing emotions conveyed through facial expressions,Interpreting how tone affects the message's perceived meaning.

Mr.Ramprasad concluded "Breaking Barriers: Overcoming Common Communication Challenges" provides comprehensive insights into overcoming obstacles in communication. By focusing on active listening, empathy, clarity, and cultural sensitivity, individuals can improve their interactions and resolve conflicts more effectively. Adapting communication styles and building trust are essential for fostering positive relationships and achieving successful outcomes in both personal and professional contexts.

Objectives:

1. **Identify and Understand Communication Barriers-** Variations in language, dialects, and jargon can lead to misinterpretations. This includes not only different languages but also regional slang and technical terms. Cultural norms and values shape how messages are perceived and interpreted. Personal biases, stress, and emotional states can distort how messages are sent and received.



E-mail: ajenggcollege@gmail.com, Web: <https://www.ajiet.edu.in>



A J INSTITUTE OF ENGINEERING AND TECHNOLOGY

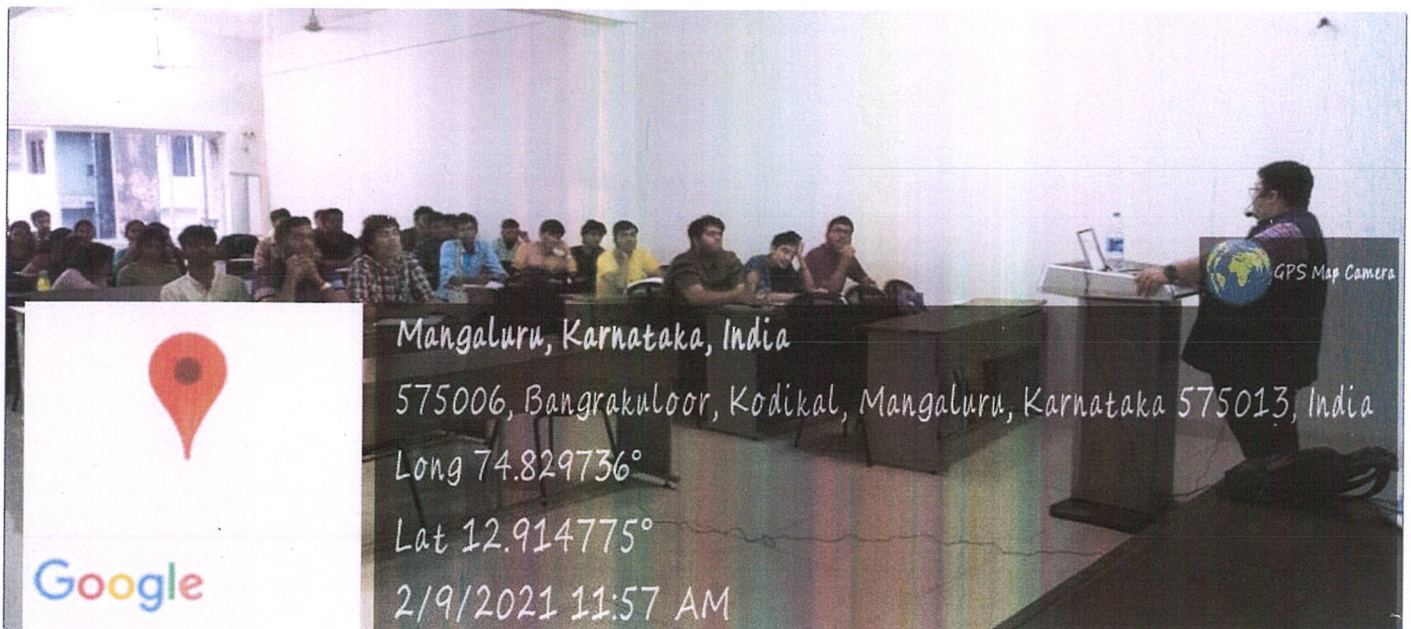
NH-66, Kottara Chowki, Mangaluru -575006, Karnataka, INDIA

A Unit of Laxmi Memorial Education Trust®

(Approved by AICTE, New Delhi. Affiliated to Visveswaraya Technological University, Belagavi)

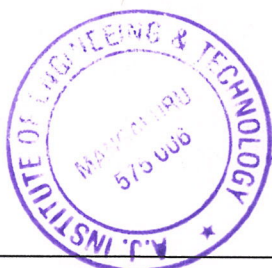
- 2. Develop Active Listening Skills**-Understanding and confirming the message. Asking questions to clear up any ambiguities. This could include questions like, “Can you elaborate on that point?” or “What do you mean by...?” Paying attention to body language, eye contact, and facial expressions to gauge true feelings and reactions.
- 3. Enhance Non-Verbal Communication Awareness**-Understanding gestures, posture, and movements. For instance, crossed arms might indicate defensiveness, while open gestures can signal openness and receptivity. Recognizing emotions through expressions such as smiles, frowns, or raised eyebrows, which can provide additional context to verbal messages.

Photo:



A talk on **Breaking Barriers: Overcoming Common Communication Challenges** on 02/09/2021 by Mr.Ramprasad and his team,10 seconds

Co-Ordinator



HOD

Principal

Principal
A.J. Institute of Engineering & Techno
Mangaluru -575 006

E-mail: ajenggcollege@gmail.com, Web: <https://www.ajiet.edu.in>